

## **SECTION IV. 2.                      **Adult Day Services****

### **A. Definition**

“Adult Day Services” are community-based non-residential services designed to assist impaired or isolated adults to remain as active in their communities as possible, maximizing their level of health and independence and ensuring the optimal functioning. Services include a range of health and social services for participants and provide daytime respite to primary caregivers. Services are furnished for a specified number of hours per day on a regularly scheduled basis, for one or more days per week.

### **B. Adult Day Standards**

Adult Day providers shall be certified by the Department of Disabilities, Aging and Independent Living (DAIL) and comply with the following:

1. Standards for Adult Day Services in Vermont (DAIL)
2. Universal Provider Qualifications and Standards (*Section II.*)
3. Services Principles (*section IV.B*)

### **C. Provider Types**

The following provider type is approved to provide Adult Day Services when authorized by DAIL:

- Vermont Certified Adult Day Providers

### **C. Approved Activities**

Adult Day Services includes the following approved, reimbursable activities:

1. Assessment
2. Personal Care
3. Therapies
4. Activities
5. Meals
6. Social Outings
7. Nursing Overview
8. Respite

### **D. Limitations**

1. Adult Day Services are limited to up to 50 hours per week per approved individual (as of May 2009).

2. Adult Day Services are limited to a maximum of 12 hours per day.
3. Adult Day Services are limited to the hours of operation and capacity of the adult day provider.
4. Meals provided as part of Adult Day Services shall not constitute a “full nutritional regimen” for the day.
5. Transportation services are not included and are not reimbursed as part of Adult Day Services. The costs of transporting participants to and from the Adult Day Services site may be eligible for reimbursement under the Medicaid State Plan, as a transportation service.
6. Adult Day Services shall not be reimbursed for individuals residing in a licensed facility (hospital, nursing facility, residential care home, assisted living residence).